

Jane Day RM RGN CIMI

Baby Days

Services provided

- Antenatal classes
- Infant massage classes
- Pregnancy massage, reflexology and aromatherapy (home visits)
- Moxibustion to turn breech babies
- Advice on natural remedies in pregnancy
- Postnatal and breastfeeding support (home visits)

Geographical area / Contact

North Hampshire

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Jane is a registered midwife and nurse with 25 years' experience as a community midwife; she is also a certified infant massage instructor. In 2003 Jane spent six months in Zambia, working as a clinical midwifery tutor and as a midwife in a rural health centre. She now continues working part-time as an NHS midwife whilst also offering the services of Baby Days. Jane has always enjoyed caring for pregnant women and their families, providing continuity of care and preparing them for the most important event of their lives. She feels strongly that the opportunity to discuss and prepare for the impending birth helps couples to relax, make informed choices and form supportive bonds with midwives and other parents-to-be. Jane is insured with the federation of Antenatal Educators (FEDANT), membership number 11914.