



Complementary therapies in midwifery: study days for students



Would you like to learn more about the safe use of natural remedies in pregnancy? Can you answer mothers' questions about raspberry leaf, arnica, Rescue remedy and lavender oil? Are you able to use massage or simple reflexology skills to help women in labour? What can you do to help women with sickness, backache or breech presentation?

Examples of study days available - Implementing Aromatherapy in Maternity care; Reflexology Techniques in Midwifery; Moxibustion for Breech presentation; Safety of Natural Remedies & others

Ask your tutors to provide a room, gather together a group of up to 20 interested friends: favourable rates for student midwives- the more students in the group, the less it costs per person

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