



(e)xpectancy Ltd

**Expectant Parents' Complementary
Therapies Consultancy**



CHARLOTTE KENYON

BSc RM RGN PGCEA

Charlotte Kenyon is a senior midwife who managed the labour ward in a busy maternity unit for many years. She previously completed the Diploma in Integrated Therapies for Childbirth with Expectancy and now has a private practice offering massage, aromatherapy and reflexology to pregnant and newly-born mothers. Charlotte is a senior midwifery lecturer at Sheffield Hallam University and is currently establishing a Midwifery Development Unit specialising in maternity complementary therapies. This will serve as a teaching clinic for student midwives to learn about the safe use of complementary therapies in pregnancy, and will provide opportunities for research and audit to strengthen the body of evidence on the subject. Charlotte believes strongly in promoting normality in childbirth and tries to achieve this through her midwifery practice and teaching, and in her use of complementary therapies.