



e)xpectancy Ltd

**Expectant Parents' Complementary
Therapies Consultancy**



DENISE TIRAN MSc RM RGN ADM PGCEA

Denise Tiran is an international authority on maternity complementary medicine, and Expectancy's Educational Director. She previously worked as a midwifery lecturer, then developed and ran a degree in complementary therapies at the University of Greenwich, London, where she remains a Visiting Lecturer; she is also a Research Consultant to Canterbury Christchurch University. Clinically, Denise specialises in treating women with "morning sickness"; her unique NHS clinic (1994-2004) was "Highly Commended" in the 2001 Prince of Wales' Awards for Healthcare in London, and gained an international reputation as an example of complementary medicine integrated into conventional maternity care.

Denise has written ten professional textbooks, over 70 journal papers, three books for expectant mothers and contributed chapters in several midwifery, gynaecology and obstetric books. She is a member of the Editorial Committee of the *Complementary Therapies in Clinical Practice* journal and a frequent conference speaker. Denise has assisted in the implementation of complementary medicine in obstetrics in Hong Kong, and regularly teaches midwives, obstetricians and therapists in Japan and elsewhere overseas. She has advised the Royal College of Midwives on complementary therapies and the Local Supervising Authority midwifery officers on the development of supervisory guidelines for midwives.