



(e)xpectancy Ltd

**Expectant Parents' Complementary
Therapies Consultancy**



MAGGIE EVANS MSc RM RN HV Cert

Maggie Evans originally trained as a nurse, but has spent most of her career in midwifery and health visiting. More recently, she spent ten years as a university lecturer in midwifery, where she taught complementary therapies to pre-registration and qualified midwives. Maggie is a qualified complementary therapist, applying aromatherapy, reflexology, Bach flower remedies, nutrition and shiatsu to midwifery practice. She has a strong commitment to the promotion of complementary therapies in maternity care, in order to enhance holistic care for women before and during pregnancy, birth, and beyond. Maggie completed a Masters degree in Complementary Therapies at the University of Westminster in 1999. She is currently working as a freelance lecturer in midwifery and complementary therapies and has a private complementary therapies practice. She is co-author of the Oxford Handbook of Midwifery and has written several other papers for professional journals.